



Marte Meo® Frankfurt

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Marte Meo®
Video assisted
developmental support

For parents without specialist knowledge
and for specialists from...

- ... day-care centres
- ... schools
- ... living communities
- ... institutions
- ... hospitals and homes

"Marte Meo® focuses on the appreciation for all people and on the faith in their unlimited opportunities of development."


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Marte Meo®

The step-by-step programme
for social and emotional development



Developing on one's own strength

Marte Meo®

Interaction analysis is the basis of a profound understanding. New capacities may be utilised.

Supporting...

- ...children in all development stages (also with developmental disturbances or unusual behaviour patterns)
- ... children with disorders of language development
 - ... children with sleeping disorders
 - ... hyperactive children/ADHD children
 - ... children with autism
- ... adoptive children and foster children
 - ... parents of cry babies
 - ... parents under age
 - ... parents lacking parenting skills
- ... sick and disabled people or patients with dementia


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“On one’s own strength!”

The term **Marte Meo®** derives from a Latin term which means "on one's own strength". It describes a method to assist developmental processes and utilise own capacities.

Marte Meo® was developed by **Maria Aarts** from the Netherlands in the 1970s and since then has become prevalent in different areas of pedagogic, social, nursing and therapeutic work all over the world.



*Solution-focused
instead of problem-focused!*

My offer



*My name is
Alice Kriesten*

Find the good moments!

Presentations for specialists and parents

Fees according to duration of presentation

In-house training and tailor-made offers depending on occupational class/subject

Fees according to extent and duration

Marte Meo® Introductory Courses (two days)

(basic information, methods, video analysis)

from 9 a.m. to 4 p.m. each day

Fees: GBP 200,00

Training groups for Marte Meo® Practitioner

No previous qualifications required

Qualifies participants to transfer Marte Meo® to their own field of work.

For five days, from 9 a.m. to 4 p.m. each day, Introductory Course will be deducted.

Final Certificate "Marte Meo® Practitioner"

Fees: GBP 500,00

Training groups for Marte Meo® Colleague Trainer and Marte Meo® Therapist

Qualification: Marte Meo® Practitioner

Qualifies participants to teach other specialists Marte Meo® methods or to supervise therapeutic processes.

For 12 days, from 9 a.m. to 4 p.m. each day, including final presentation.

Final Certificate "Marte Meo® Colleague Trainer" or "Marte Meo® Therapist"

Fees: GBP 1,300,00



I am a Diplom-Soziologin (graduate sociologist), Diplom-Sozialpädagogin (graduate social pedagogue), Marte Meo® Colleague Trainer und Marte Meo® Supervisor (in training).

I became acquainted with Marte Meo® in 2007. I was instantly enthusiastic about the efficiency of this method which seems to be very simple at first sight. On closer examination you'll soon feel its depth and sustainability.

Marte Meo® focuses on the appreciation for all people and on the faith of their unlimited opportunities of development. I totally agree with this attitude. I would be happy to personally inform you about training courses and individual application. Please don't hesitate to contact me.

Kind regards, Alice Kriesten

Easy to implement in everyday life

The **Marte Meo® philosophy** tends to pass on knowledge and methodology in order to be practically and gradually implemented in everyday life.

Marte Meo® it not to be understood as another challenge or work which needs to be done but rather as a means to encourage people to use their own strength and to solve problems independently.

As a result of swift changes caused by Marte Meo® methods people may experience themselves and what they do in a highly effective and proficient way, providing even more joy to their work.

How does Marte Meo® work?

Marte Meo's® fundamental means of work are video recordings of everyday situations. A detailed interaction analysis identifies the good moments and existing skills of the people involved. It also determines which abilities may be further developed.

The power of images facilitate a sustainable understanding on the basis of a profound interaction analysis. New capacities may be utilised.

Marte Meo® is not a problem-focused, but solution-focused developmental support programme: The motto is "activating developmental processes instead of compensating problems". Clients may so develop their capabilities and experience themselves as competent when dealing with others.